DR MADELEINE FITZPATRICK, BSC, DCLINPSY, CPSYCHOL, SYSTEMIC PRACTITIONER

Curriculum Vitae September 2023

Contact Details:

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Education:

- 2020-2021: AFT Accredited Post Graduate Diploma (PGDip) in Systemic Practice and Family Therapy intermediate level (with Commendation), Queen's University Belfast.
- ♦ 2015-2018: Doctorate in Clinical Psychology (DClinPsy), Queen's University, Belfast.
- 2014-2015: Post Graduate Diploma in Applied Psychology and Mental Health (with Distinction), Queen's University Belfast.
- 2013-2014: Post Graduate Diploma (PGCert) in Systemic Practice and Family Therapy foundation level (with Distinction), University of Ulster, Magee Campus.
- 2010-2013: MSc in Applied Psychology and Psychological Therapies with Mental Health and Clinical Specialism (with Distinction), University of Ulster, Magee Campus.
- ♦ 2008-2010: Bachelors of Science (BSc, First Class Honours) Queen's University, Belfast.

Professional registrations & memberships

- Registered member of the Health Professionals Council (HCPC). Registration no: PYL35945
- Chartered member of the British Psychological Society (BPS). Registration no: 268339
- Member of the Division of Clinical Psychology (DCP)
- Member of Division of Clinical Psychology (DCP), Faculty for People with intellectual disabilities (FPID)
- Access NI Full Enhanced Check completed and updated 2023

Current employment and clinical responsibilities:

2023- Date: Consultant Clinical Psychologist and Clinical Lead within the Northern Health and Social Care Trust, Community Learning Disability Team and Positive Behaviour Support Service. Clinical duties include managing a staff team, construction of behavioural assessments and behaviour support plans. Supporting resettlement process from hospital into the community for those with a learning disability. Training teams on positive behavioural support and psychological formulation. Managing complex presentations with high levels of risk. Working alongside multidisciplinary team professionals in providing psychological support to those with intellectual disabilities and their families. Providing leadership and management as well as clinical supervision. The completion of capacity assessments and best interests' decision making in line with Deprivation of Liberty Safeguards. Completion of neuropsychological assessments. Supporting families and their carer's. Providing psychological advice, training and guidance to intellectual disability inpatient settings. Providing teaching on the use of positive behavioural support and psychology within intellectual disability. Prioritising service development, delivery and research ensuring high quality care. Auditing outcomes and monitoring efficiency and effectiveness of service provision. Monitoring waiting lists and providing psychological supervision to clinical psychologists, specialists and other members of the multidisciplinary team. Assessing and reviewing the use of restrictive physical interventions within intellectual disability services. Ensuring clinical governance is maintained.

2021-Date: Clinical Associate for Psychological Pathways Limited: Clinical Duties include completion of medicolegal reports and assessments, completion of neuropsychological assessments and reports for the purpose of eligibility to access learning disability services, provision of psychological therapy for adults and adolescents who are experiencing a range of mental health difficulties such as anxiety, depression, trauma, relationship difficulties, anger management and grief. Completion of therapeutic groups utilising compassion focused therapy. Providing psychological support to families and carers. Specialist areas of interest include the neuropsychological assessments.

Previous Employment History

- 2020 -2023 Specialist Clinical Psychologist in the Northern Health and Social Care Trust, Community Learning Disability Team. Clinical duties include, providing clinical psychological input into Community Learning Disability services, staff training, supervision, delivery of psychological therapies to those with an intellectual disability, their families and the systems that support them. In addition, clinical duties also include the delivery of neuropsychological assessments for the purpose of eligibility and neuropsychological reports. Dementia Assessments for those with intellectual disabilities and capacity assessments. Service development, restrictive practice reviews and the management of waiting list targets.
- 2018-2020: Clinical Psychologist in the Northern Health and Social Care Trust, Community Learning Disability Team. Clinical duties include, providing clinical psychological input into Community Learning Disability services, staff training, supervision, delivery of psychological therapies to those with an intellectual disability, their families and the systems that support them. In addition, clinical duties also include the delivery of neuropsychological assessments for the purpose of eligibility and neuropsychological reports.
- 2018: Trainee Clinical Psychologist in the Neonatal Unit (Specialist placement) at Antrim area hospital.
 Provided psychological therapy to parents and staff utilising specialised trauma and attachment-based models.
- 2018: Trainee Clinical Psychologist in the Family Therapy Service (Specialist placement) at Woodstock. Provided family therapy sessions alongside a qualified family therapist to adults experiencing severe and enduring mental health difficulties and their families.
- 2017-2018: Trainee Clinical Psychologist in the STEP (Service, Treatment, Education and Prevention) service and in the inpatient rehabilitation service in Holywell Hospital. Provided psychological therapies and assessment to those presenting with an 'at risk' mental state for Psychosis (16+). In addition, provided psychological therapies to those within the inpatient unit with a diagnosis of psychosis utilising CBTp and psychoeducational groups.
- 2017: Trainee Clinical Psychologist in the PBSS (Positive Behaviour Support Service) and PROMOTE service, Braid Valley Hospital, Ballymena. Provided behavioural assessments and psychological therapy at both

individual and systemic level for adults with intellectual disabilities presenting with challenging behaviour or mental health and forensic needs.

- ✤ 2016: Trainee Clinical Psychologist in the CAMHS service in South Tyrone Hospital, Dungannon. Provided neuropsychological assessments and psychological therapies to children aged 4-18 years.
- 2015-2016: Trainee Clinical Psychologist in the Severe and Enduring Mental Health service, Daisy hill Hospital, Newry. Provided individual and group psychological therapy (psychoanalytically orientated) and assessment to those presenting with severe and enduring mental health.
- 2014-2015: Associate Psychologist in the Community Brain Injury Team, Grove Wellbeing Centre, Belfast. Provided neuropsychological assessment and psychological therapy to those with acquired brain injury (ABI) and their families.
- 2013-2014: Assistant Psychologist in the Community Learning Disability Service, Carrickfergus. Provided neuropsychological assessment for the purpose of eligibility and low intensity psychological interventions.

Research experience:

- Undergraduate and Postgraduate experience of conducting research and systematic reviews.
- Experience of providing talks at conferences for the purpose of research dissemination.
- Experience of publishing research.

Publications

Madeleine Fitzpatrick, Eunan McCrudden & Karen Kirby (2019) A Pilot Investigation of a Parenting Intervention for Parents and Children with Neurodevelopmental Disorders (NDD), Child Care in Practice, 25:2, 129-145, DOI: <u>10.1080/13575279.2018.1446906</u>

Supervision:

- Provide regular clinical supervision to Clinical Psychologists, Specialist Clinical Psychologists, Trainee Clinical Psychologists and other members of the multidisciplinary team as required.
- Completed the Queen's University Belfast, Clinical Supervisor course for the delivery of clinical supervision (2019).
- * Receive regular clinical supervision for my clinical work in line with HCPC codes of practice.

Special Interests

- Intellectual Disabilities
- Neuropsychological Assessments
- ✤ Capacity Assessments within Intellectual Disabilities
- Medicolegal Assessments
- ✤ Adult Mental Health

- ✤ Mental Health of Young People (aged 16+)
- ✤ Families and Couples

<u>Referees:</u>

✤ Available on request